

Napa County Schools 2017 Fire Complex EMERGENCY Air Quality Guidelines

Prepared in collaboration with and approved by Napa County Public Health Division

[Today's Air Quality in Napa](#)

[Understanding Air Quality Index \(AQI\)](#)



AQI Index		Actions to Protect Students and Staff			
	School in session?	Milkbreak/Recess/Lunch	Physical Education	Athletic Practice & Training	Scheduled Sporting Events
Good	Yes	None	None	None	None
Moderate Unusually sensitive people should consider reducing prolonged or heavy outdoor exertion	Yes	Ensure <i>unusually sensitive individuals</i> are medically managing their condition.	Ensure <i>unusually sensitive individuals</i> are medically managing their condition.	Ensure <i>unusually sensitive individuals</i> are medically managing their condition.	Ensure <i>unusually sensitive individuals</i> are medically managing their condition.
Unhealthy for Sensitive Groups People with heart or lung disease, children and older adults should reduce prolonged or heavy outdoor activities. Everyone else should limit prolonged or heavy exertion. All doors and windows must remain closed throughout the day.	Yes	Exercise indoors or avoid prolonged vigorous outdoor activities On campus/indoor lunch strongly recommended for all high school students.	Exercise indoors or avoid prolonged vigorous outdoor activities	Exercise indoors. Reduce vigorous exercise to 30 min per hour of practice time with increased rest breaks and substitutions.	Increase rest breaks and substitutions per CIF guidelines for extreme heat.
Unhealthy The following groups should avoid all physical outdoor activity: People with heart or lung disease, children and older adults. Everyone else should avoid prolonged or heavy exertion.	No	No outdoor activity. All activities should be moved indoors.	No outdoor activity. All activities should be moved indoors.	No outdoor activity. All activities should be moved indoors.	Event must be rescheduled or relocated.
Very Unhealthy Everyone should avoid any outdoor exertion; people with respiratory or heart disease, the elderly and children should remain indoors.	No	No outdoor activity. All activities should be moved indoors.	No outdoor activity. All activities should be moved indoors.	No outdoor activity. All activities should be moved indoors.	Event must be rescheduled or relocated.
Hazardous The following groups should remain indoors and keep activity levels low: People with heart or lung disease; children and older adults. Everyone else should avoid prolonged or heavy exertion.	No	No outdoor activity. Avoid any prolonged, moderate, or vigorous indoor activity.	No outdoor activity. Avoid any prolonged, moderate, or vigorous indoor activity.	No outdoor activity. Avoid any prolonged, moderate, or vigorous indoor activity.	Event must be rescheduled or relocated.

*Unusually Sensitive Individuals include all those with asthma or other heart/lung conditions